

BOOK ANNOUNCEMENT

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**New Book from the Authors of the Best-Selling Parenting Book, *Smart Love:*
Smart Love Solutions in Early Childhood:
*A Handbook for Caregivers, Parents, and Teachers***

CHICAGO – Drs. Martha Heineman Pieper and William J. Pieper, authors of *Smart Love: The Compassionate Alternative to Discipline that Will Make You a Better Parent and Your Child a Better Person* (Harvard Common Press, 1999, 2001), present ***Smart Love Solutions in Early Childhood: A Handbook for Caregivers, Parents, and Teachers***. The Smart Love Handbook will be available for purchase online at www.smartlovepreschool.org and Amazon.com, as well as at select retail locations.

For eight years, Martha Heineman Pieper, Ph.D. and William J. Pieper, Ph.D wrote a monthly column titled “Smart Love” for *Chicago Parent* magazine, in which parents asked their most pressing questions. They also served as experts on babycenter.com, a global interactive parenting network.

Their latest book, ***Smart Love Solutions in Early Childhood: A Handbook for Caregivers, Parents, and Teachers*** is a compilation of the questions they were asked from real parents around the world as well as some new additions to guide caregivers, parents and teachers through children’s early years. Questions range from how to know when your child is ready for preschool, to dealing with sibling rivalry, to encouraging healthy sleep habits and more. Each response is based on the Pieper’s professional and personal experiences and rooted in the *Smart Love* philosophy.

“The ultimate goal of *Smart Love* is to raise children to become happy, secure and successful adults who make healthy and constructive choices,” says Martha Heineman Pieper, Ph.D. “It is our hope that this book will help guide parents, teachers and caregivers to make choices that will ensure this goal is met.”

The Pieper’s are psychotherapists, consultants to other mental health professionals and parents of five children. Their extensive work with children, both professionally and personally, led them to develop *Smart Love*, a uniquely effective parenting and child development philosophy. *Smart Love* redefines for moms, dads, teachers and caretakers of children at any age, what it means to be a better parent and guide for the child. The *Smart Love* approach is based on the latest knowledge of what a child’s mind is like at birth and how it changes throughout childhood. For years, parents and caregivers repeatedly asked the Pieper’s to apply the *Smart Love* philosophy to preschool education. This fall, Smart Love Preschool, a play-based preschool for children ages 3, 4, and 5, will open on Chicago’s north side.

Availability

Smart Love Solutions in Early Childhood: A Handbook for Caregivers, Parents, and Teachers, which retails for \$12.00, is available at select retail locations and online at www.smartlovepreschool.org and Amazon.com and select retail locations.

About the Authors:

Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., are co-authors of numerous articles and books, including *Intrapsychic Humanism: An Introduction to a Comprehensive Psychology and Philosophy of Mind* (Falcon II Press, 1990); *Smart Love: The Compassionate Alternative to Discipline that Will Make You a Better Parent and Your Child a Better Person* (Harvard Common Press, 1999, 2001), and *Addicted to Unhappiness: Free Yourself from Moods and Behaviors that Undermine Relationships, Work, and the Life You Want* (McGraw-Hill, 2002, 2004). They have conducted numerous workshops for professionals and parents, and Martha Heineman Pieper has made appearances on many media outlets including Fox TV, NBC TV, and numerous talk radio shows. For over thirty years they have conducted clinical research and been in private practice treating children, adolescents, and adults; counseling parents; and supervising other mental health professionals.

Martha Heineman Pieper graduated Phi Beta Kappa and Magna Cum Laude from Radcliffe College, and received her Ph.D. in clinical social work from the University of Chicago. She has served on the editorial board of professional journals such as *Illinois Child Welfare*, *Social Work* and *Smith College Studies in Social Work*. In addition to her clinical writings she has published extensively on the topic of philosophy of research. She is on the Board of Directors of the Smart Love Family Services and the Intrapsychic Humanism Society.

William J. Pieper received his B.S. and M.D. degrees from the University of Illinois. He completed residencies in adult psychiatry at the University of Illinois Neuropsychiatric Institute in Chicago, and in child and adolescent psychiatry at the Institute for Juvenile Research in Chicago. In 1975, he graduated from the Chicago Institute for Psychoanalysis with certificates in child and adult psychoanalysis. He has taught at the University of Chicago School of Social Service Administration and in the Institute for Psychoanalysis adult and child psychotherapy programs. He is on the Board of Directors of the Intrapsychic Humanism Society.