

OUR PROFESSIONALS

All of our professionals have advanced degrees in clinical psychology, clinical social work, or professional counseling with specializations in child and adolescent development, child, adolescent and adult treatment, and parenting and family life. We are committed to providing the best care possible to individuals and organizations who come to us for help.

Carolyn Stolper Friedman, M.A.

EXECUTIVE DIRECTOR

Carla Beatrice, Psy.D.

DIRECTOR OF CLINICAL SERVICES

OUR APPROACH

Smart Love Family Services uses an evidence informed approach, Intrapsychic Humanism (IH), which was developed by two highly respected experts in the mental health field, Martha Heineman Pieper, Ph.D. and William J. Pieper, M.D. Inner Humanism® is the application of these ideas to caring for individuals in counseling and Smart Love® is the application of these discoveries to parenting and child development.

INNER HUMANISM.
unlocking happiness

For more information about our services or to schedule an appointment, please contact us.

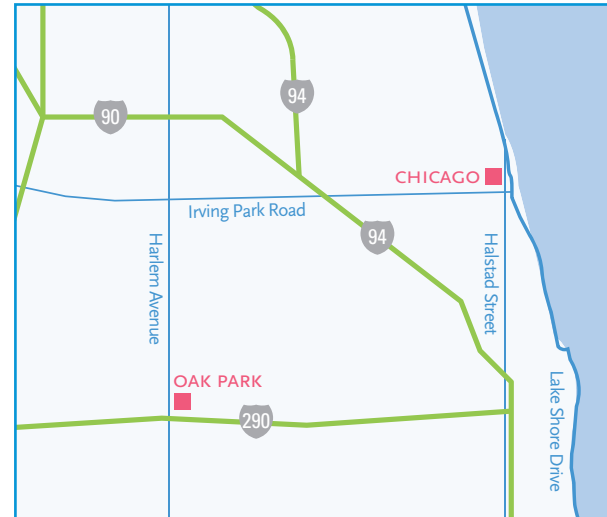
773.665.8052, EXT. 4
www.smartlovetfamily.org

CHICAGO OFFICE:

800 W. Buena Avenue
2nd Floor
Chicago, IL 60613

OAK PARK OFFICE:

Rush Medical Office Bldg
610 S. Maple
Oak Park, IL 60304



SMART LOVE.
FAMILY SERVICES

Counseling
Program



Smart Love Family Services is a 501(c) (3) not-for-profit organization registered in the State of Illinois. Smart Love is a registered trademark.

773.665.8052, EXT. 4
www.smartlovetfamily.org

Unlocking Happiness. No matter what behavioral symptom, emotional difficulty or life stressor you or a family member may be experiencing, our therapists can help unlock the happiness all individuals want and are meant to have in life. Our extensively trained professional staff is dedicated to helping individuals of all ages remove the barriers that are getting in the way of achieving genuine inner happiness.

OUR COUNSELING PROGRAM

- Child and Adolescent Therapy
- Couples Therapy
- Individual Adult Therapy
- Parent Counseling
- Play Therapy
- Diagnostic Evaluations
- Psychological and Neuropsychological Testing
- Spanish-Speaking Services
- Autism Treatment Program

We also believe in the importance of working collaboratively with physicians, pediatricians, and teachers in order to enhance the care we provide to the clients we serve.

CHILD & ADOLESCENT SPECIALTIES

Our therapists are experienced in understanding and treating the behavioral, emotional and developmental problems of children and adolescents of all ages. Our top specialties are:

- Young Children (0–5 years)
- Behavioral/Discipline Problems
- Autism Spectrum Disorders
- ADHD
- Anxiety and Depression
- Chronic Medical Illness and Disabilities
- School and Peer Problems
- Family Transitions (Divorce/Death)
- Adoption
- Trauma/Abuse
- Eating Disorders
- Neuropsychological and Psychological Testing

We also treat many other concerns such as bullying and teasing, parent-child conflict, low self-esteem, sibling rivalry, and eating, sleeping, and toileting concerns.

PARENTING SPECIALTIES

We understand that parenting can be challenging in this ever changing world and that parents need support, too. We offer unique and highly effective solutions that help parents enjoy parenting and foster happiness in their children.

- Parent Counseling
- Parent Coaching and Infant Sleep Consultation
- New Parents Support
- Parent Education Seminars
- Child Development Classes
- Publications and Resources

ADULT SPECIALTIES

INDIVIDUAL CONCERNS:

- Depression
- Anxiety
- Anger
- Gender and Sexual Orientation
- Chronic Stress
- Grief and Bereavement

MARITAL & COUPLES CONCERNS:

- Communication and Relationship Issues
- Infertility
- Separation and Divorce
- Postpartum Depression
- Loss of Child