

# Counseling Programs

## Professional Staff

Our therapists have advanced degrees in clinical social work and clinical psychology. They specialize in child and adolescent development; child, adolescent and adult treatments; and parenting and family life. Counseling services provided for all ages.

## Child and Adolescent Specialties:

- Young Children from Birth to Five Years
- ADHD
- Trauma/Abuse
- Adoption
- Anxiety and Depression
- School and Peer Problems
- Autism Spectrum Disorders
- Eating Disorder
- Behavioral/Discipline Problems
- Family Transitions (divorce/death)
- Neuropsychological and Psychological Testing
- Chronic Medical Illness and Disabilities

## Parenting Specialties:

- Parent Counseling
- Parent Coaching
- New Parent Support
- Infant Sleep Consultation
- Parent Education Seminars
- Child Development Classes
- Publications and Resource

**Spanish services available.**

## Adult Specialties:

### Individual Concerns

- Depression
- Anxiety
- Anger
- Gender & Sexual Orientation
- Chronic Stress-Grief and Bereavement

### Marital and Couple's Concerns

- Infertility
- Separation and Divorce
- Postpartum Depression
- Loss of Child
- Communication and Relationship issues

## Get Connected Today

Call the number below for a timely, confidential conversation with one of our professionals.

## Two Convenient Locations

### Chicago

800 W. Buena, Chicago, IL 60613

### Oak Park

610 S. Maple Street, Oak Park, IL 60304

Monday–Friday 9 a.m. to 9 p.m.

Saturday 8 a.m. to 5 p.m.

The Smart Love Approach was developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., and is described in their book *Smart Love*. The Natalie G. Heineman Smart Love Preschool offers classes for three to six year olds, and parent and child programs for children six weeks to 36 months. Smart Love Family Services provides counseling for children and families based on the Piepers' therapeutic approach, Inner Humanism<sup>®</sup>. Parenting programs include private parent coaching, educational seminars (co-sponsored by the Intrapsychic Humanism Society), parent training and support programs, and publications. © 2015 Smart Love Family Services is an Illinois-based 501(c)(3) nonprofit organization.

Chicago: 800 W. Buena Avenue, 60613 | Oak Park: 610 S. Maple Street, 60304

773.665.8052, ext. 4 | [www.smartlovefamily.org](http://www.smartlovefamily.org)