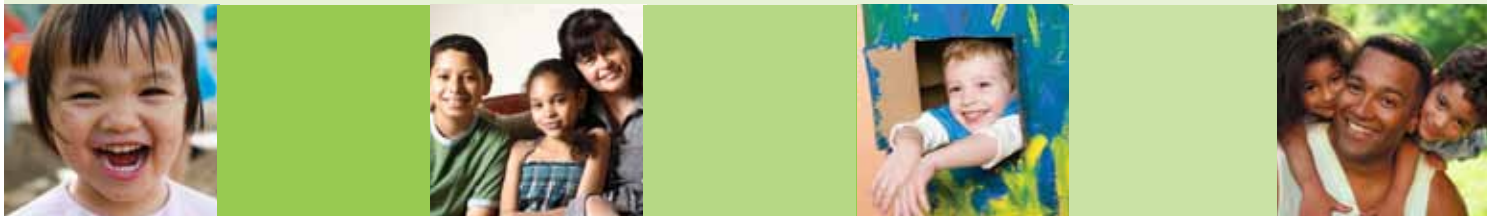


# SMART LOVE newsletter



SPRING 2012

## Smart Love Scholarship Benefit and 10th Anniversary Gala



More than 160 families, friends and supporters of Smart Love Family Services and The Natalie G. Heineman Smart Love Preschool celebrated the organization's 10th Anniversary at a Scholarship Benefit Gala on Friday, February 24, 2012. The inaugural event took place at the newly opened Greenhouse Loft, which is housed inside Chicago's Green Exchange, the country's largest sustainable business community. The evening kicked off with a lively cocktail hour and silent auction filled with enticing offerings and experiences. Guests were then seated for a delicious dinner and formal presentation about the organization, including a heart-

*"We are deeply appreciative of the generous spirit of our supporters."*

warming video featuring friends, families and professionals of Smart Love Family Services and The Natalie G. Heineman Smart Love Preschool. After dinner, guests were able to further support the organization by participating in a spirited live auction.

Sponsored by ETA/Cuisenaire, the inaugural event raised more than \$66,000. All proceeds from the benefit will support the Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D. Scholarship Fund, which serves children and families who meet eligibility requirements for financial aid.

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# Dr. Martha Heineman Pieper Writes First Children's Book

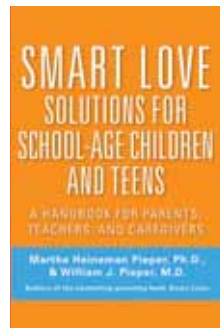
Dr. Martha Heineman Pieper's new children's book, *Mommy, Daddy, I Had a Bad Dream!*, was recently published. This endearing story features Joey, a bouncy happy kangaroo, who has a series of bad dreams. In the story, his parents lovingly help him understand them. Children will be fascinated and enlightened as Joey learns to make sense of his bad dreams and to put himself back to sleep feeling comforted and in charge. It is a powerful story that offers insight for kids and parents alike. Dr. Pieper co-authored with William J. Pieper, M.D., the bestselling parenting book, *Smart Love: The Comprehensive Guide to Understanding,*

*Regulating and Enjoying your Child.* Drs. Piepers' work is the foundation for Smart Love Family Services and The Natalie G. Heineman Smart Love Preschool. The book is available at [smartlovepress.com](http://smartlovepress.com), [amazon.com](http://amazon.com) and [BN.com](http://BN.com).

The Smart Love community was treated to "Storytime with Dr. Pieper," an event on April 21st at The Natalie G. Heineman Smart Love Preschool. In addition to being on hand to personally sign copies of her new book, she read the story to a group of children and their parents who gathered for the event.



## Help Us By Writing an Online Review!



Books are available for purchase at the following sites:

[smartlovetfamily.org](http://smartlovetfamily.org)  
[smartlovepreschool.org](http://smartlovepreschool.org)  
[smartlovepress.com](http://smartlovepress.com)  
[amazon.com](http://amazon.com)  
[bn.com](http://bn.com)

## COMMUNITY CONNECTIONS

### Smart Love Participates in Developmental Differences Fair

Dr. Carla Fick, Clinical Director of Smart Love Family Services, participated in the Developmental Differences Fair held February 4, 2012 at Gordon Tech High School on Chicago's north side. Attended by over 200 families seeking services for their children, Dr. Fick was able to inform many families about our organization and the range of services we provide for families with special needs children. The fair, sponsored by Neighborhood Parents Network, was the first of what is expected to be an annual event.

### ABC Toon Town Day Care Hosts Smart Love Parenting Experts

The Oak Park-based day care, ABC Toon Town, invited Smart Love professionals to present a parent seminar to the families at the center on March 22, 2012. Dr. Amy Thompson and Ms. Ilinka Novakovic, LCSW, focused their presentation on helping parents understand how to help their children succeed in school. The event featured an engaged and attentive parent body with a lively question and answer period following the presentation. The 10-year old day care is a full-service child care provider for children ages 6 weeks to 6 years old.

## PRESCHOOL

# The Natalie G. Heineman Smart Love Preschool Grows a School Garden with Support from Families

The expansive yard and garden areas surrounding our Preschool provide a perfect setting for a school gardening program for our preschoolers. It also fits with ease into the play-based curriculum offered at The Natalie G. Heineman Smart Love Preschool. Thanks to the generosity of one of our preschool families, we have received a \$7,500 matching gift. This grant when matched by others' contributions will ensure our school garden becomes a reality.

Already this spring, our garden is offering a rich, new learning dimension that our preschoolers are embracing with curiosity, many questions and delight! From the worm bin where preschoolers can see red wrigglers at work, turning newsprint and food scraps into rich compost for the garden to planting seeds and watching them sprout, the children are gaining new understanding in math, natural and social sciences (food cycle, plant and animal lifecycles), reading, language and personal expression, physical development and nutrition.

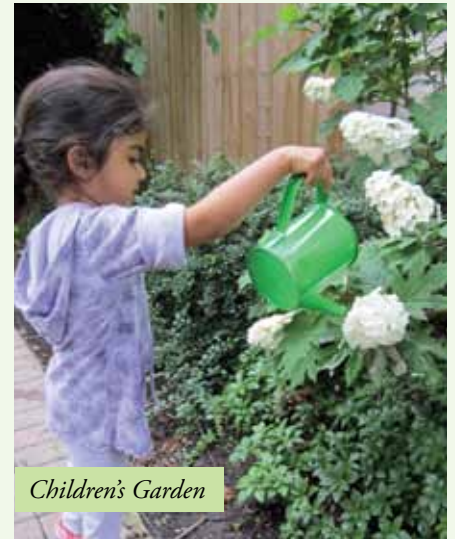
The school garden encompasses several raised garden beds for fruits and vegetables, an herb spiral, bean trellis and a greenhouse to extend the growing season year-round. Our preschoolers have gotten to know Billy Burdett, our gardener-in-residence, as he introduced the worm bin and answered preschoolers' excited questions. Billy is experienced in school garden design and management as well as teaching at the preschool level. He is responsible for garden maintenance as well as working with the teachers who are creating fun garden-based activities for the children. The gardening program and accompanying curriculum adds another appealing dimension to our excellent preschool program.

We are seeking gifts to match the generous \$7,500 match. Every single dollar up to \$7,500 given to help build the preschool's new school garden will be matched. Any level of giving is very much appreciated. However, to inspire donations, we are offering a variety of sponsorship opportunities.

To make a gift to the garden program, please return the enclosed gift form, writing in a sponsorship, if you choose. If you have questions, please contact Carolyn Friedman, Executive Director, at 773 665-8052, ext. 2 or carolyn.friedman@smartlovefamily.org.

### **VOLUNTEER OPPORTUNITY:**

If you enjoy gardening, this is your chance to share your interest. We need volunteers to assist in planning, maintaining and harvesting the garden produce. If you are interested in helping, please contact the school office at 773 665-8052, ext. 1.



*Children's Garden*

<b>Projects:</b>	<b>Plants: (\$100 each)</b>	
Greenhouse (\$1,000)	Basil	Rainbow Chard
Raised Garden Beds (\$500 each.)	Broccoli	Raspberry
Herb Spiral (\$300)	Carrot	Scallion
Bean Trellis (\$250)	Cucumber	Squash
Worm Bin (\$250)	Eggplant	Snap Pea
	Hot Pepper	Spinach
	Lettuce	Sweet Pepper
	Melon	Tomato
	Onions	Zucchini
	Potato	

## Heineman Family Gifts Announced at Gala



*Heineman Family*

The Natalie G. Heineman Smart Love Preschool received two magnificent contributions from Mr. Ben Heineman Sr. and Cristine Russell and Ben Heineman Jr. Their gifts of \$10,000 each totaling \$20,000 will provide scholarship support to help families enroll their children in the preschool without having to worry about how they will pay for it. The preschool is named in memory of Mr. Heineman Sr.'s wife. "The Heineman's very generous contributions

will enable us to help so many more children and families in need in our community than we could have otherwise," said Carolyn Friedman, Executive Director of Smart Love. Founded upon the established Smart Love philosophy, The Natalie G. Heineman Smart Love Preschool provides a setting that promotes children's long-term academic success by strengthening children's social and emotional health and inspiring their intellectual creativity through play-based learning.

# Heartfelt Thanks to Our Gala Donors

## Gold Sponsor

ETA/Cuisenaire,  
courtesy of Jude Rake ± #

## Silver Sponsor

Emily and Robert Carroll ±  
Susan and Richard Sanders # ±

## Bronze Sponsor

The McWethy Foundation  
on behalf of ADUSA, Inc.,  
courtesy of Kelly and Juan Perez ± #

## Patron Table Sponsors

Carla B. Fick ±  
Carolyn and David Friedman ±  
Catherine Croxson and  
Katherine Knight ± #  
Stephen Jackson and  
Walter D. Miller ± #  
Martha Heineman Pieper and  
William J. Pieper # ±  
The Israel, Rose, Henry, and Robert  
Weiner Charitable Foundation,  
courtesy of Andrea Cohen

## Gala Donors

Kristi and Matt Carroll  
Brandy and Todd Goldberg  
Alina and Tom Kovach  
Kris Manos and Dave Shryock  
Linda and Frank Mayer, Jr.  
Janis Kanter McCormick  
Sue McDonald and Corey Stone  
Mr. and Mrs. Newton M. Minow  
Mr. and Mrs. L.J. Moore  
Mary Ann Quick and David Colwell ±  
Jennifer and David Rhind ±  
Colette Young

## Auction Donors

### INDIVIDUAL DONORS

Dmitry Balyasny  
Elona Balyasny  
Steve Harrison  
John Muhlenberg  
Stephen Thompson  
Anonymous (4)

### BUSINESS DONORS

Angel Food Bakery  
Bikram Yoga River North  
Boka Restaurant Group  
Café Pyrenees

Chess Wizards  
Chicago Bulls  
Chicago Children's Museum  
Chicago Cubs  
Chicago Dance  
Chicago Symphony Orchestra  
Cinnamon Boutique  
Civic Opera Barber Shop  
Core Transformations  
The Denim Lounge  
Door to Door Organics  
East Bank Club  
Elizabeth Adams Salon and  
Paul Tortoriello  
Energy Training Center  
Fixture  
Forever Victory Gardens  
Fuga Salon and Spa  
The Glen Club  
Grgich Hills Estate  
Hazel  
The Hilton Chicago  
iLoveToCreate  
The Joffrey Ballet  
J. Wiley Photography  
Lakeshore Chiropractic and  
Rehab Center  
Libby Day Photography  
Lillstreet Art Center  
Lil' Kickers Chicago  
Lil' Sluggers Chicago  
Loyola Center for Fitness  
Mario Tricoli Hair Salons  
Mega Brands, Inc.  
The Menomonee Club  
Midwest Orthopaedics at Rush  
Oral and Maxillofacial Surgery  
Associates, P.C.  
The Peggy Notebaert Nature Museum  
Perspective Video  
Robert Jeffery Salons  
Rockit Ranch Productions  
Ronelle Designs  
Salon 212 Oak Park  
The Second City  
Sepia Restaurant  
The Standard Club  
Stanley Luke Farm, Inc.  
Starbucks Co.  
Stubs Now, Inc.  
Taschen American, Inc.  
Trader Joe's Grocery Store  
Trainer's Gym/Symmetry Center

Universal Sole Running Store  
Veruca Salt

## Gala Donor Attendees

Joan and Jaime Angulo  
Susann Ball and Bob Fabbri \*  
Cynthia Bathurst and James Rodgers ±  
Louise and Brian Benzer #  
Judith and Philip D. Block III ±  
Pam Bourdeau  
Ruth and Bennett Brenner ±  
Sarah Brinkmann  
Mary Frances Budig and John Hass  
Caroline Burdett  
Pastora San Juan Cafferty  
Dr. Diana Dumetz Carry, Ed. D. and  
George Carry  
Debbie and David Chizewer ±  
Jan Cloghessy  
Bruce and Lisa Cohen \*  
Stephanie Cohen  
Shelia and Dr. David Crumrine ±  
Ashley Curry and Vijay Prabhakaran  
Denise Dale and Roger Kallal ±  
Sarah and Blanton Davis ±  
Dr. Kristin Davison  
Barbara DiSioudi ±  
Samantha and Ryan Dimas ±  
Dr. LuAnn DiPietro  
Pat Donachie  
Adam Driks ±  
Patrizio Fradiani ±  
Benny Friedman  
Alison Gehle and Mani Sharma # ±  
Molly Geiger #  
Cara Glass  
Margie Goldman  
Patti Hardy  
Rhea Hartstein  
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Angela Hunsicker and Chris Daniel ±  
Cheryl and Joe Irmiter  
Mary Ittleson \*  
Rebecca and Charlie Jackson ±  
Diana and Bob Jackson # ±  
Jessica Jackson  
Carol Johnson  
Sara and Ty Johnson ±  
Kelly Jones and Michael Zakalik #  
John Joyce  
Ira Kaufman  
Ellen Kaufman  
Daniel Kaufman

Deborah and Kent Ketter ±  
Jean Klingenstein \* ±  
Daniela Ladner and Sara Stone ±  
Blaine Lesnik and Brad Monsees ±  
Bridget and Josh Lohrius  
Trisha and Steve London  
Judy Maritato ±  
Amy and Rick Meier \*  
Doug Milliman  
Julie and Scott Moller \* ±  
Margo Murvay  
Cassidy and Eric Neveux  
Ilinka Novakovic and Steve Ewert  
Dr. Paul O'Keefe ±  
Deb and Joel Petroelje  
Johanna Heineman Pieper  
Tracy Rady and Chris Soderlund  
Kathy and Jude Rake ±  
Jenny Rake  
Megan Rake  
Karolyn and Lance Raphael  
Victoria Rexer and Andy MacRae ±  
Christine Rhode  
Barbara and Richard Samuels ±  
Dr. Ira Satinover ±  
Fran Schnadig  
Leslie Schreiber  
Robin Schroud and Neal Bader ±  
Sarah Schroud and Alex Bauer  
Michele Schultz  
Marian Sharkey ±  
Annemarie Slobig ±  
Marge and Larry Sponder ±  
Maureen Spielman ±  
Victoria Stein ±  
Mark Steinberg ±  
Crystal Szabo and Mac Zumwalt ±  
Amy Thompson and Matt Krutky  
Tammy Travis ±  
Alison Wagner  
Patricia Walker and Stephen Budde ±  
Mary Wall and Nick Benedetto  
Shannon Weber and Rhys Jones  
Maria and Markus Wimmer ±  
Alexa Wiss  
Sybil and Dave Worden ±  
Jerry and Bobby Zakalik  
Dr. Katarina Zoltan

# Auction Donor  
± Winning Bidder  
\* Gala Donor



Gala Chairs and Guests

## GALA continued from page 1

“We are deeply appreciative of the generous spirit of our supporters,” said Carolyn Friedman, Executive Director of Smart Love. From patron table sponsorship to in-kind gifts from vendors to contributors of exclusive auction items and enthusiastic bidders, our community was extraordinarily

generous. Chair Walter Miller and co-chair Stephen Jackson provided experienced and knowledgeable leadership for the event and made sure all of our committee members had a terrific time making this event such a success. It was truly an exciting and energizing experience for all who participated!

## FAMILY SERVICES

### Westlake Health Foundation Awards Smart Love Grant

With a generous grant from the Westlake Health Foundation, we have launched a research effort to evaluate the effectiveness of our counseling services as well as the use of our approach specifically in helping children diagnosed with autism. The effort is led by SLFS clinician, Dr. Stephen Budde working with two research assistants: Alison Wagner, MA, a recent graduate in Social Work from the University of Chicago and Ella Yung, who is pursuing a Masters in Clinical Psychology from the Chicago School of Professional Psychology. Our research team has outlined a paper on our approach to treating children diagnosed with autism that when completed will be submitted for publication to professional journals.

### New Counseling Office Opens in Oak Brook

In response to growing demand for our counseling services, we have opened our third clinic in the Professional Building at the Oak Brook Shopping Center. This convenient location serving many new communities west of Oak Park will allow us to help many more families who cannot make it to our clinics in Oak Park or Chicago. We are also moving to a larger space at our Oak Park location. The move, taking place this spring, will offer families a more spacious waiting room as well as expanded therapist availability.

### AMA Physicians Rate Highly Smart Love CME Module

Smart Love Family Services developed a continuing medical education module for physicians through the American Medical Association. The module, *Promoting Healthy Families*, offers an effective way for physicians to help their patients choose and maintain healthier lifestyles as part of AMA's anti-obesity efforts. The module has been published for several months and physicians have rated it highly, with 80-90% liking each activity and would recommend it to a colleague.

## ETA/Cuisenaire Sets the Pace with Gold Sponsorship

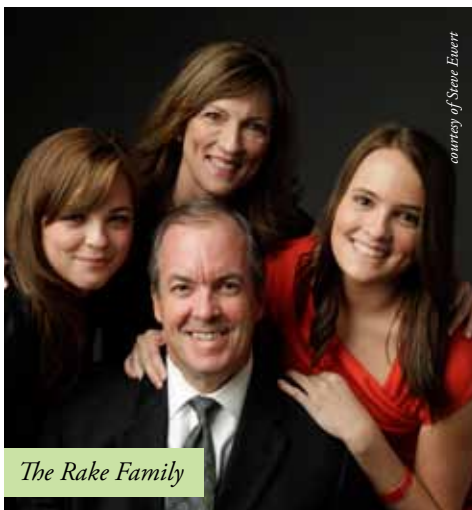
Gala planning received a big boost, when ETA/Cuisenaire became the Gala's gold sponsor. With our lead sponsor secured, we knew we were on track to underwrite the costs of the gala event. "We are particularly grateful to CEO Jude Rake for his leadership support and enthusiastic participation

in the event," noted Carolyn Stolper Friedman, Executive Director of Smart Love Family Services. Vernon Hills based ETA/Cuisenaire is the nation's leading provider of hands-on learning products for math, science and literacy education for early childhood education to grades K-12. ETA/Cuisenaire products are marketed to schools through the distribution of catalogs, field sales force, website and agreements with major textbook publishers.

Silver sponsorships were received from two families who have supported Smart Love Family Services since its inception. Susan and Richard Sanders were early backers of our gala. Rich is a board member of Smart Love Family Services and through his urging planning began for what will be an annual gala event to raise much needed financial aid. Emily and Robert Carroll also generously made a silver sponsorship gift to the Gala. Both Emily and Bob helped establish



Susan and Richard Sanders



The Rake Family

the non-profit Smart Love Family Services and now at our 10th anniversary were eager to support this important new event. We also received a bronze sponsorship from new donor, ADUSA through the McWethy Foundation. Sponsorship support was crucial to the successful outcome of this important event. Thank you to all our sponsors and table patrons!



# SMART LOVE® FAMILY SERVICES

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See what other parents have to say  
about Smart Love on Yelp



Like The Natalie G. Heineman Smart Love  
Preschool and Smart Love Family Services  
on Facebook!



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professionals, these seminars  
cover a wide range of topics.  
We are offering **FREE** childcare  
during seminars at the Chicago  
location. For more information  
or to register, please visit  
[www.smartlovefamily.org](http://www.smartlovefamily.org)

### SAVE THE DATE!

**Baby Sleep & Development  
(Chicago)**  
Thursday, May 16, 2012

**Discipline Redefined  
(Chicago)**  
Thursday, June 21, 2012

**Toddler Toileting & Development  
(Chicago)**  
Thursday, July 18, 2012



*Members of the Gala Committee*

*Special thanks to our gala committee for their tremendous commitment, creativity and polish!*

Gala Committee: Walter D. Miller, *Benefit Chair*; Stephen Jackson, *Benefit Co-Chair*; Joan Angulo; Caroline Burdett; Robert Carroll; Emily Carroll; Andrea Cohen; Sarah Davis; Samantha Dimas; Carla Fick; Carolyn Friedman; David Friedman; Angela Hunsicker; Carol Johnson; Sara Johnson; Katherine Knight; Ilinka Novakovic; Danielle Principato; Kelly Perez; Juan Perez; Kathy Rake; Richard Sanders; Leslie Schreiber; Michele Schultz; Sara Stone; Amy Thompson; Alison Wagner; and Maria Wimmer.

The Smart Love Approach was developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., and is described in their book *Smart Love*. The Natalie G. Heineman Smart Love Preschool offers classes for 3-5 yr. olds, Parent and Tot classes for children 12-36 mos., and Mom and Baby Group. Smart Love Family Services provides counseling for children and families based on the Piepers' therapeutic approach, Inner Humanism®. Parenting programs include private parent coaching, educational seminars (co-sponsored by the Intrapsychic Humanism Society) and publications. Copyright 2011 Smart Love Family Services, an Illinois-based 501 (c) (3) nonprofit organization.

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