

# Smart Love® Newsletter

## Renovation Underway at our New Home – the Natalie and Ben Heineman Smart Love Center



Named for Natalie and Ben W. Heineman, through the extraordinary generosity of Cristine Russell and Ben W. Heineman, Jr., the gracious prairie style home will house our highly regarded preschool, year-round gardening curriculum and family services. The property at 2222 N. Kedzie in the Logan Square neighborhood features expansive outdoor areas and a spacious light-filled interior. With the building permit secure, work began at our new home in January

2017. The first phase is demolition of several existing walls and removal of old lighting and plumbing fixtures to make way for our new layout and facelift. Our architectural firm, John Joyce and Associates, has created new floor plans for all four floors of our 7400 sq. ft. building. It will feature three preschool classrooms, new family services and tutoring rooms, a family waiting room and an indoor play space on the lower level. New flooring, lighting, bathrooms and many additional life safety features will be added. Construction is being led by BJ Construction, owner Justin Fara. Justin and his team are

envisioning a five to six month construction schedule. We anticipate opening for preschool classes in the fall.

Smart Love received over \$500,000 in lead gifts toward its campaign for a new home, providing the funds needed to begin the facility renovation. Many generous friends of Smart Love made reaching commitments to allow the project to move forward. In the coming weeks, we will be launching a community effort to raise the final funding to bring the project to completion. We invite all to participate in this vital and historic effort.

## COMMUNITY SUPPORT

### Campaign for our New Home

It is with heartfelt thanks that we acknowledge the generosity, commitment and foresight of the following individuals. Their visionary gifts enabled Smart Love to realize its dream of a new permanent home.

#### Platinum Benefactor

Cristine Russell and Ben Heineman, Jr.

#### Silver Benefactor

Eva and Josef Blass  
Katherine L. Knight

#### Bronze Benefactor

Emily and Robert Carroll  
Catherine Croxson  
Carolyn and David Friedman  
Katie and Ted Karn  
Martha Heineman Pieper

#### Campaign Guarantor

Anne and Stephen Rowley  
Mary E. Ittelson

#### Campaign Sponsor

Julie and Scott Moller  
Anonymous

#### Campaign Partner

Richard and Susan Sanders

#### Campaign Builder

Investing in Communities  
Diana and Robert Jackson  
Jane Kaplan  
Valerie Kimball, M.D. Chicago Area Pediatrics  
Latkin Family Foundation  
Susan Levinson  
Kavita and Brian Matsko

### Grants and Partnerships

#### Bowman C. Lingle Trust awards Smart Love \$10,000 grant

This generous grant will allow Smart Love to offer financial aid to children and families in the Logan Square and nearby communities. Many families would like to enroll their children in our high quality preschool program or access supportive services but are unable to fully afford the fees. The Bowman C. Lingle Trust, BMO Harris trustee, supports programs benefiting children and families in the Chicago area.

#### Hephzibah Children's Association partnership

We have begun a new partnership with Hephzibah Children's Association, one of Oak Park's oldest non-profits. Hephzibah is a social service organization that supports families with a range of programs. Smart Love will be providing individual child therapy, parent coaching and presenting a foster parent training program.

#### Community Mental Health Board of Oak Park

With continued funding from the Community Mental Health Board of Oak Park, our parent support group for parents of minority children provides much appreciated help to parents. Weekly group meetings are led by Dr. Felicia Owens and Ms. Jessica Hudnall both therapists at Smart Love.

### Smart Love's Associate Board—A Successful First Year!

In the summer of 2015, Smart Love Family Services founded an Associate Board. Made up of friends, and current and alumni parents of Smart Love preschool, the board's role is to raise awareness, friends and funds for Smart Love. The board, led by chair, Tiffany Cannon, met to develop four fun events: Get Noticed, Stella & Dot, Rev Up, and Fall Wine Tasting.



The first event was a shopping party at Notice in Andersonville in November, 2015. The owners of Notice, Mari Barnes, Becky Jackson and Hannah Hannick, generously donated 25% of the profits to Smart Love. Both this event and a repeat in 2016 netted nearly \$1,400 under the leadership of event chair, Anne Crees.

The second event was a Stella & Dot party, generously hosted at Tanya Stippich Sander's home. She provided a beautiful evening with delicious hors d'oeuvres and drinks while guests shopped the very cool jewelry and accessories from Stella & Dot. We raised \$450! Thank you Tanya and Stella & Dot!

In June of 2016, the Associate Board hosted their largest event – Rev Up! at Revolution Brewery in Logan Square. Revolution generously provided discounted beer and appetizers while over 90 guests attended – raising over \$2000!

The final event in the year was a fall wine tasting at Volo Wine Bar in Roscoe Village. We enjoyed delicious appetizers and wine and raised \$2000 for Smart Love! Special thanks to event chairs Bob and Emily Carroll.

We look forward to another successful year for the Associate Board, stay tuned for more ways you can get involved!



## PRESCHOOL

### Kelly Perez nominated for the 2017 Golden Apple Stanley C. Golder Leadership Award!

Since 2013, the Golden Apple has been honoring Principals or Heads of School for transformative excellence in school leadership with the Stanley C. Golder Leadership Award. In December 2016, Kelly Perez, Smart Love's Preschool Director, was accepted as a nominee!

The Stanley C. Golder Leadership Award seeks school leaders who make impacts by providing high quality learning opportunities for their students, demonstrates personal excellence, provides balanced and collaborative leadership, and demonstrates passion for student achievement and expertise in curriculum, instruction, and assessment.

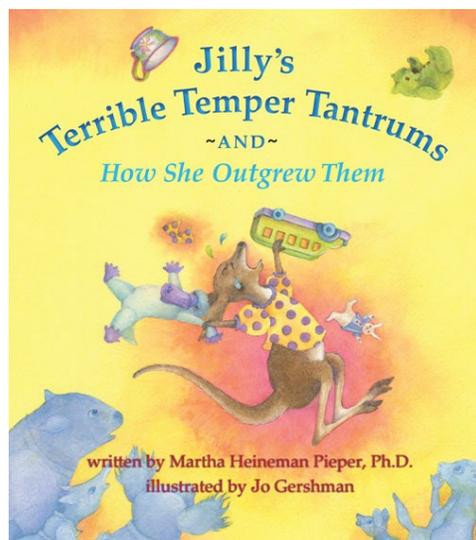
An alumni parent submitted an application to nominate Kelly in November 2016 and in the following month the Golden Apple accepted Kelly's nomination!

In January, the committee spent an entire day at Smart Love getting to know Kelly, talking with staff, observing her in the classroom and discussing with parents their experiences with Kelly. It was so wonderful to see Kelly get the recognition she deserves!



Congratulations Kelly! Your commitment to Smart Love, your staff, parents and most importantly your students has strengthened parent-child relationships, fostered happy and confident learners, and helped create a place that is extremely special. Thank you for all that you do!

## PARENTING



### Dr. Pieper's New Children's Book

Dr. Martha Heineman Pieper, the co-author of Smart Love and co-developer of Intrapsychic Humanism, has written her second children's book called *Jilly's Terrible Temper Tantrums and How She Outgrew Them*. In this adorable picture book we learn about a key element of the Smart Love parenting approach—seeing the world from our child's point-of-view. This story focuses on toddlerhood's developmental stage called the "All Powerful Self"—when toddlers want what they want when they want it. Many parents can find this stage challenging, but if we can adopt the Smart Love approach, and see the world through our children's eyes, it makes parenting much easier, pleasurable and fulfilling. The books are expected to be available in the spring of this year!

In addition to her children's book, Dr. Pieper also created a twitter account, [www.twitter.com/MHPieperPhD](http://www.twitter.com/MHPieperPhD). On her twitter feed she provides insight into child development, parenting, and comments on current research and articles. She has been "tweeting" for a little over a year and has already gained more than 2500 followers!

And in November 2016, Dr. Pieper launched her new website [www.marthaheinemanpieperphd.com](http://www.marthaheinemanpieperphd.com). Here you can find her books (including her new children's book), articles, and videos on her new site.

### Giving Toysday

In November we launched our second #GivingTuesday fundraiser. #GivingTuesday is the global day of giving where people are encouraged to give to organizations that are doing good in the world. We named our campaign "Giving Toysday" because with the money raised we purchase toys for play therapy and early childhood education programs.

Thank you to all who donated!





courtesy of Steve Ewert

# SMART LOVE<sup>®</sup> FAMILY SERVICES

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## OUR LOCATIONS

Chicago • Oak Park



Like The Natalie G. Heineman Smart Love  
Preschool and Smart Love Family Services  
on Facebook!



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## TO LEARN MORE VISIT

[www.smartlovetfamily.org](http://www.smartlovetfamily.org)

[www.smartlovetpreschool.org](http://www.smartlovetpreschool.org)

## Smart Love Offers:

### COUNSELING SERVICES

- Play Therapy
- Adolescent and Adult Psychotherapy
- Parent Guidance and Counseling
- Couples and Family Counseling
- Child and Adolescent Groups
- Testing Services for children, adolescents and adults
- Autism Treatment Program

### EARLY CHILDHOOD EDUCATION

- Parent & Baby Group (*infants 6 wks.–5 mos.*)
- Parent & Crawlers (*6 mos.–11 mos.*)
- Toddler Explorations (*parent and toddlers 12–36 mos.*)
- Toddler Transitions (*toddlers 30–36 mos., parents nearby in Family Room*)
- Preschool & Kindergarten (*half and extended day programs for children 3–6 years*)

### PARENTING PROGRAMS

- Parent Coaching
- Parent Education Seminars
- Publications for Parents and Families

## Staff Spotlight: New Clinical Trainees Welcomed

We are pleased to welcome our clinical trainees: Dr. Kari Terrill, Stacey Marentes, Nick Leggio, and Jordan Christeson. Dr. Kari Terrill received her Psy.D. from the Illinois School of Professional Psychology. She is experienced in providing therapeutic services to children, adolescents, parents, and families in a variety of settings. Stacey Marentes is a student in the Master's Counseling Program at The Chicago School of Professional Psychology. She received her undergraduate degree in psychology from the University of New Mexico. Nick Leggio is currently a fourth-year doctoral student at Adler University. He received his Master's in Clinical Psychology (MA) from Adler University in 2015. He has therapeutic and assessment experience working with children, adolescents, and adults in a variety of settings such as an inpatient psychiatric hospital and schools throughout the city of Chicago. Jordan Christeson received his Bachelor of Arts in Psychology and is currently in his fourth year of the Psy.D. program at Adler University. Jordan values the relational style of intrapsychic humanism.



Dr. Kari Terrill



Stacey Marentes



Nick Leggio



Jordan Christeson

The Smart Love Approach was developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., and is described in their book *Smart Love*. The Natalie G. Heineman Smart Love Preschool offers classes for three to six year olds, and parent and child programs for children six weeks to 36 months. Smart Love Family Services provides counseling for children and families based on the Piepers' therapeutic approach, Inner Humanism<sup>®</sup>. Parenting programs include private parent coaching, educational seminars (co-sponsored by the Intrapsychic Humanism Society), parent training and support programs, and publications. © 2015 Smart Love Family Services is an Illinois-based 501(c)(3) nonprofit organization.

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