

Master's Internship Program Description

Counseling and Social Work Master's Students | Specialization in Child and Adolescent Therapy
Be part of a highly supportive and exciting training opportunity!

Overview of Program

Smart Love Family Services is a not-for-profit agency that is located in the Logan Square neighborhood and in west suburban Oak Park. The clinical program provides outpatient mental health counseling to individuals of all ages that come from diverse backgrounds, with a specialization in child and adolescent treatment, parent counseling and parent education seminars. The agency also offers special programming to clients of color through our Minority Families Program and Health Equity Scholarship fund.

Training at SLFS presents the unique opportunity to learn and practice advanced relationship intervention skills. Meta-analysis on treatment outcome studies generally identify the therapeutic relationship at the center of change. Trainees will learn these skills through exposure to a relationship based psychodynamic treatment model based on the depth psychology, *Intrapsychic Humanism*[®] and parent guidance based on *Smart Love*[®]. No matter the orientation a student chooses to eventually practice, this training provides an excellent foundation in relationship intervention.

Training Opportunities and Responsibilities

The Master's Level Internship is a 20-24 hour per week/12 month internship to begin in July of the training year. All training will take place in the Oak Park office (*which is easily accessible by the Metra train, and the Chicago L Green and Blue lines; free street parking or discounted garage parking nearby*). Evening and Saturday hours required. Wednesdays is a mandatory training day.

The internship offers the following training opportunities:

- Carry an average caseload of 10-12 **therapy clients** presenting with a wide range of problems.
 - Primarily treat children and adolescents.
 - Opportunity to treat parents and adults
 - Possible opportunity to do child group therapy if occurring
- Additional internship hours (typically an average of 5-10 hours per week depending on caseload) outside of client hours and supervision may include:
 - Help with **research (mostly data entry)** to evaluate the efficacy of Inner Humanism psychotherapy and the Smart Love parenting approach
 - Participate in **marketing** and social media marketing
 - Participate in **Minority Families Program** by helping with various tasks
 - Involvement in **program development activities**, such as development of a social skills groups for children and adolescents, and other community collaboration projects as they become available
 - Attend up to 2 community fairs (typically on weekends) to represent SLFS in the community and help families learn about our services

The Smart Love approach was developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., and is described in their book Smart Love. Smart Love provides counseling for children and families based on the Piepers' therapeutic approach, Inner Humanism[®]. Therapeutic tutoring and assessments as well as parenting programs are also offered. The Natalie G. Heineman Smart Love Preschool provides programs for two to six year olds, and parent and child classes. © 2020 Smart Love Family Services is an Illinois-based 501(c)(3) nonprofit organization.

Chicago Location: Natalie & Ben Heineman Smart Love Center, 2222 N. Kedzie Blvd., Chicago, IL 60647
Oak Park Location: 1010 Lake Street, Suite 500, Oak Park, IL 60301

SMART LOVE[®]

FAMILY SERVICES

PERSONALIZED AND CARING SERVICES

Supervision and Consultation

- At least one hour weekly individual supervision with a licensed therapist (Clinical Psychologist or LCSW)
- Two hours of group consultation with founder of IH, Dr. Heineman Pieper
- One hour of weekly trainee seminar, comprised of trainees and new staff hires, led by Director of Training, Dr. Tamara Garrity
- Monthly staff meetings and in-service trainings
- Quarterly seminars sponsored by the Intrapsychic Humanism Society
- Weekly Marketing and Group Therapy meetings if applicable

Vacation/Holidays and Sick Days

- 2 weeks of vacation, 8 holidays, and 5 sick days

For more information, see www.intrapsychichumanism.org, www.innerhumanism.com, and www.smartlovetfamily.org

Application Process

- Application Deadline: February 15th (this can be extended)
- Application Materials: CV, Cover Letter, and 3 Letters of Recommendation
- Email materials to Director of Training, Dr. Tamara Garrity at tamara.garrity@smartlovetfamily.org
- Questions? Email or call Dr. Garrity at 773-665-8052, ext. 202

We look forward to hearing from you!

(COVID update: all training and counseling activities will take place via Telehealth until the pandemic is over and it is safe to resume in person mental health services.)

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