

# Smart Love® Newsletter



## Our 2<sup>nd</sup> Annual Summer Lawn Party

Bubbles, balloons, and friendly faces filled our front lawn at our 2nd Annual Summer Lawn Party! Despite the scorching temperatures we had a great time as many families attended the event and participated in all of the fun and engaging activities we set-up for the day.

Our front lawn was bustling with activity and filled with smiles, giggles, and delight! Excited children waited for our Playschool teacher to create their favorite balloon animals. Families cooled down and indulged in Miko's Italian Ice, graciously donated by Smart Love Associate Board member, Tiffany Cannon. Children skipped across our lawn to get their faces painted with bumblebees, hearts, baseballs, or dragons. Kids

created masterpieces at our art & craft table, caught "fish" in our water tables, and seeded and potted sunflowers with Farmer Maggie!

A highlight of the event was the performance by Mr. Singer! The celebrated local children's music performer, brought shakers and tambourines so that the audience could make music along with him. We saw children of all ages shake, rattle, and roll to his fun and original music!

It was an honor and a pleasure to host this event for local families. We love getting to know our neighbors and the community we serve. We hope to see everyone again soon!



## PROGRAM UPDATES

### New Therapeutic Tutoring Program coming to Chicago

Smart Love Family Services is now offering to families in the Chicago area Therapeutic Tutoring for children aged 6 – 12 years who are struggling with their core subjects. Therapeutic tutoring combines traditional academic tutoring with therapeutic responses that help students identify and acknowledge their emotions surrounding learning and school, freeing them so learning can happen. We offer parents and their children powerful and unique insights into how children's minds work and how to best tap into a child's innate desire to be successful in school and in life. Our program builds confidence and self-esteem by acknowledging all of the child's feelings and helping to preserve their inborn desire to be happy in the face of challenges.

“While many elements of a child’s life improve along with the cultivation of [social and emotional learning], one of the main outcomes is better academic performance.”

– The Aspen Institute, National Commission on Social, Emotional, & Academic Development, “From a Nation at Risk to a Nation at Hope”



### Minority Family Program: New Staff and New Dates

Smart Love is excited to welcome two new additions to the Minority Family Program team for the new program year: Dr. Gabrielle Rodríguez Franco and Hayley Yi.

Dr. Rodríguez Franco, who receives her Psy.D degree from the Chicago School of Professional Psychology this summer, will join Smart Love and the MFP team in September. Originally from Puerto Rico, Gabrielle has an extensive background in working with diverse populations in Chicago and elsewhere. As a bilingual clinician, Gabrielle will be a great asset to the MFP, enabling us to serve more families in the current program and to develop a new Spanish-language program we hope to launch in the coming year.

Hayley Yi is a student in the graduate program at the Chicago School of Professional Psychology. She will serve one year as the MFP’s Youth Group Facilitation intern. This internship was created last year for graduate students at the beginning of their training. The Youth Group Facilitation internship is intended for minority graduate students who are interested in public service and increasing health equity.

The Parent and Youth Groups meet simultaneously from 1:15pm to 2:30pm at Smart Love’s Oak Park offices in the Rush Medical Office Building, 610 S. Maple. This is a free program for all participants and attendance at every session is not required. However please register with the MFP Director Dr. Felicia M. Owens before attending so we can know you are coming:

#### 2019–2020 PROGRAM DATES

August 3	October 26	February 1
August 17	November 9	February 15
August 31	November 23	February 29
September 14	December 7	March 14
September 28	January 4	March 28
October 12	January 18	



Community Mental Health Board  
of Oak Park Township

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## COMMUNITY SUPPORT

### Annual Fund Donors

Gifts received from July 1, 2018 – June 30, 2019

Smart Love deeply appreciates the generous gifts to our Annual Fund from our friends and funders, whose commitment to supporting our mission in FY 2019 made all of our work possible.

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## COMMUNITY PROGRAMS

### Free Fridays: New Play Times for Toddlers and Parents

Smart Love is excited to offer the community a series of free monthly toddler and parent play time opportunities.

Created to give parents (or caregivers) a fun way to spend time with their 12–36 month olds, these open sessions are facilitated by our highly-experienced teachers in the William J. Pieper Toddler Classroom, which is stocked with all sorts of learning materials, supplies, and toys. Free Fridays offer two alternating programs, *Art Explorations* and *Music & Movement*, both of which engage young children in fun activities that help build stronger bonds between parents and children. At the same time, parents get to know one another and form friendships.



#### Art Explorations | 9:00 to 10:00 a.m.

Nurturing each child's inherent creativity and imagination, these play times offer a variety of media and materials to spark their imaginations to create works using everything from paint and playdough to feathers, markers, and much more. And as the children create, parents can also learn ways to do the activities at home.

September 13	November 8	February 10	April 17
October 10	January 10	March 13	May 8

#### Music & Movement | 9:00 to 10:00 a.m.

Combining sound and song, and accompanied by child-sized or handmade instruments, *Music & Movement* is a fun way to experience and create music. Whether it's a simple song to sing or a toddler dance party, these play times are a fun way to learn—and help instill a lifelong appreciation for the joy of music and how it is made.

September 27	November 22	February 21	April 24
October 28	January 24	March 21	May 22

Play times take place at the Natalie & Ben Heineman Smart Love Center, 2222 N. Kedzie Blvd. Space for these free sessions is limited—and advance registration is required. RSVP to [amber.guenther@smartlovefamily.org](mailto:amber.guenther@smartlovefamily.org) and reserve your spot!

### Free Parent Education Seminars



Throughout the year Smart Love provides seminars to the community on various parenting topics at our Chicago and Oak Park locations. These events are free and open to the public. The seminars provide parents with insight into child development and behavior, and effective Smart Love® parenting strategies and responses. At the end of each seminar parents have the opportunity to ask our staff questions specific to their parenting experiences. Please visit "Seminars and Support Groups under Parenting Support" at [www.smartlovefamily.org](http://www.smartlovefamily.org) for more details and to RSVP.

#### 2019/2020 SCHEDULE & LOCATION

##### Taking the Stress Out of Homework

October 17, 2019, 6:00 to 7:15 p.m. | Chicago

##### Discipline Redefined

November 6, 2019, 6:00 to 7:15 p.m. | Oak Park  
January 16, 2020, 6:00 to 7:15 p.m. | Chicago

##### Toddler Development

March 26, 2020, 6:00 to 7:15 p.m. | Chicago

##### Sibling Rivalry

May 14, 2020, 6:00 to 7:15 p.m. | Chicago

##### Chicago

Natalie & Ben Heineman Smart Love Center, 2222 N. Kedzie Blvd.,  
Chicago, IL 60647

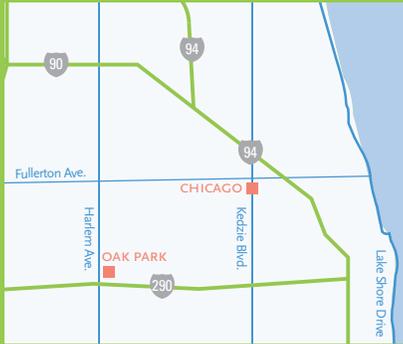
##### Oak Park

Rush Medical Office Building, 610 S. Maple St., Oak Park, IL 60304



# SMART LOVE<sup>®</sup> FAMILY SERVICES

Natalie & Ben Heineman Smart Love Center



## OUR LOCATIONS

Chicago • Oak Park



TO LEARN MORE VISIT

[www.smartlovetfamily.org](http://www.smartlovetfamily.org)

[www.smartlovetpreschool.org](http://www.smartlovetpreschool.org)

## Smart Love Programs

### COUNSELING SERVICES

- Therapy for Children, Adolescents, and Adults
- Play Therapy for Young Children
- Support Groups for Children and Adults
- Neuro-Psychological and Psychological Testing
- Couples and Family Counseling
- Minority Family Program

### EARLY CHILDHOOD EDUCATION

The Natalie G. Heineman  
Smart Love Preschool

- Preschool and Kindergarten for Children 2-6 years
- Parent and Child Toddler Explorations for Children 12-36 months
- Toddler and Parent Play Times
- Summer Camp

### LEARNING SERVICES

- Psycho-Educational and Learning Evaluations
- Therapeutic Tutoring
- Customized Parent Consultation

### PARENTING

- Parenting Guidance and Counseling
- Parenting Seminars
- Publications and Resources for Parents

# Garden Harvest CELEBRATION

Savor the bounty of the season and support Smart Love as we celebrate our Garden Harvest.

Saturday, September 21, 2019  
5:30 to 8:00 p.m.

Natalie & Ben Heineman Smart Love Center  
2222 N. Kedzie Blvd., Chicago, IL 60647

The Smart Love Approach was developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., and is described in their book *Smart Love*. The Natalie G. Heineman Smart Love Preschool offers classes for three to six year olds, and parent and child programs for children six weeks to 36 months. Smart Love Family Services provides counseling for children and families based on the Piepers' therapeutic approach, Inner Humanism<sup>®</sup>. Parenting programs include private parent coaching, educational seminars (co-sponsored by the Intrapsychic Humanism Society), parent training and support programs, and publications. © 2019 Smart Love Family Services is an Illinois-based 501(c)(3) nonprofit organization.

2222 N. Kedzie Blvd., Chicago IL 60647 • 773.665.8052, ext. 130 • [www.smartlovetfamily.org](http://www.smartlovetfamily.org)